

Daisy Chain Membership Agreement

25th May 2021

I understand that:

- Daisy chaining is NOT therapy, it is practice and therefore I will not intentionally bring deep or triggering issues to the session
- I will be working with daisy partners at various levels of skill and experience and therefore should take the time to get to know each new partner and agree boundaries before we begin tapping together
- I am responsible for my own safety in the client role. One of the ways I can do this is by working with non-personal topics (e.g. response to scenes in books or movies, newspaper articles, a friend or a pet's issue etc.)
- I should be mindful of my partner's safety when I am in the practitioner role. If in doubt I will ask for feedback and / or stick to basics
- If I am aware that I am prone to abreactions should an unintended deep issue arise during the session, I should forewarn my partner and, if known, advise on the best technique to support me (based upon my partner's level of expertise)
- My daisy partner is not expected to be 'on call' to help me through emergencies or long standing issues (therapy). It is OK to ask, but there is absolutely no obligation on my partner to meet those needs. In a crisis, I may approach an EFT Angel for assistance (up to three free sessions) or seek paid therapy via the Guild website or elsewhere
- Joining a daisy chain is a choice but also a commitment. If I have doubts about my capacity to give the expected time to my partners, I should tell my coordinator and make space for an active daisy to join

the chain so that other members do not miss out on their opportunity to develop their skills

- I can leave the daisy chains at any time by informing my partners and coordinator, giving as much notice as possible. I can rejoin at any time but there is no guarantee I will return to the same chain
- If, for any reason, I stop communicating with my partner/s and do not meet the minimum commitment (see below), my chain coordinator or the Daisy Mum will attempt to contact me and resolve any issue. If I do not respond within a month, I may be removed from the daisy chain without my explicit consent
- I must contact my chain coordinator if either of my partners does not respond to emails or calls for a prolonged period so that support can be offered to both of us if necessary
- If I am well established in a daisy chain and need to take a break for unavoidable reasons (e.g. health or work reasons) but do not wish to leave the chain, I can contact my coordinator and, subject to availability, a temporary stand-in may be introduced to work with my two partners for up to four months (one full tapping round) so that they do not miss out on the practice.

As a member of a daisy chain I am expected to:

- Fully participate in both daisy roles (practitioner and client)
- Respond to my daisy partners in a timely manner and communicate clearly
- Have a **minimum** of one session each month with each of my two partners (but there is no limit to the number of sessions we can agree on. I understand that this may be different with each partner and is fully negotiable)

- Inform my two partners and the chain coordinator if I am unable to meet my minimum commitment and discuss the way forward
- Treat both of my partners with respect and consideration. This includes giving constructive feedback *if both partners have agreed that this is how they want to work*. Any feedback should be about our subjective experiences of giving / receiving the session in question. The chains are for sharing, discussion, support and making friends - it is NOT my role teach my partner/s to practice EFT my way
- If I have any issues with a partner, I will contact my coordinator for advice or referral to the Daisy Mum