

The EFT Guild Practitioner Evaluation - *Bronze Level*

The EFT Guild Practitioner evaluation process is intended to be a friendly and helpful contribution to your growth as a practitioner.

Bronze Level is a written evaluation of skill, by:

- session notes,
- full case studies
- questions.

We need you to demonstrate that you can use the techniques taught in EFT Guild Part One and Part Two courses. If it is some time since you attended these classes you may want to repeat to refresh your skills.

When you are ready to submit your written work please email eftguild@gmail.com You will be assigned an evaluator, an experienced member of the EFT Guild, who will contact you to explain their fee and process. The fee is to cover time in reading your cases and preparing feedback and is paid directly to the evaluator. There is not a set format for the written work and only your evaluator reads the cases.

1. Practical Experience

Before you submit case studies you need to have gained experience tapping with sufficient people that you feel confident and ready to offer a service to the public. You need to have used EFT for a variety of issues/problems/symptoms and with a variety of people. Skill with EFT comes through practice.

We ask for a written record of **at least 50 EFT sessions**. The EFT Guild provides a template for you to complete and submit to your evaluator. (Attached)

Completing these session notes encourages you to reflect on and learn from EFT sessions. It is a good idea to write the notes immediately you finish the session. The notes are a useful format for discussion in support groups or with your mentor.

It is not mandatory that you use the session notes template but you do need to demonstrate to your evaluator that you have completed any least 50 tapping sessions and have reflected and learned from your technique and process throughout those sessions. If you have an alternative way of recording your notes please discuss with your evaluator.

If you wish you can also submit references from Daisy Chain members.

2. Questions

Please submit short written answers to these questions:

1. What is 'sneaking up', give an example.
2. Why is measurement important in EFT and when do we use it?
3. Why is "Even though I feel abandoned, I love and accept myself" not skilful EFT?
4. If a physical symptom cleared after tapping and then came back how would you approach the next tapping session?
5. What is leading and why is it poor practice?
6. What questions might you ask to elicit the underlying causal events of a specific anxiety?
7. Describe ways of testing in EFT both during a session and on completion

3. Three Case Studies

The objective of the case studies is to demonstrate to your evaluator that you can apply the techniques and process taught in EFT Guild Training and are aware of the techniques that you are using.

This is not a college essay or formal paper; we are not interested in your grammar or spelling. We simply want you to give us an insight into your EFT sessions with three other people that demonstrate your understanding and use of the techniques.

You need to send **three case studies**, as email attachments, at least one of which should be for multiple sessions with the same person.

The write ups need to show that you:

- Have good rapport with your client and use their own words;
- understand aspects;
- can ask questions to get to underlying specifics;
- can find false-truths (limiting beliefs or writings on the wall) and their causal events and clear them
- and can test thoroughly.

You should demonstrate a range of techniques to include:

- sneaking up and using body feelings,
- eliciting underlying memories and using 'narrate the movie' technique or 'tell the story' to clear
- finding and clearing false-truths
- thorough testing.
- If you use choices or positives, that you can do so without leading

4. Support Arrangements

Everyone who uses EFT to help others needs support: a confidential space in which you can discuss your client cases and your own professional development. Support groups are provided at no additional cost within the EFT Guild however you are free to make your own arrangements. Please outline to your evaluator your ongoing plan for support. Your attendance at EFT Guild support groups will be reported to your evaluator.

Insurance

If you are seeing clients on a paid basis you need to be insured for professional and public liability. For UK members The Guild has a agreed a discounted policy with Balens which is excellent value. Contact Balens or EFT Guild member Janet Allen www.Balens.co.uk

Please send your evaluator a copy of your current insurance certificate or a declaration that your use of EFT is unpaid or that there is a valid reason why you do not need insurance.

5. Decision

Your evaluator will return your practice notes, case studies and questions with feedback and may call you to discuss anything that needs clarification. This is intended to be a helpful process.

Should the evaluator decide that more evidence of your capability is needed in order to make a decision they may ask you to do an additional case study and may advise you on further learning and practice.

When your cases are accepted your evaluator will report to the Guild and your membership level will be upgraded for you. If your cases are not accepted then the evaluator will advise you on what you need to do before re-applying for the evaluation.

You will be required to pay for any further time input from your evaluator.

Flexibility

If you are dyslexic or there is any reason that you cannot submit written responses please discuss this with your evaluator who may suggest an interview process instead.